

# High School Checklist

While you are in high school there are certain things you need to do each year. This checklist is meant to help you keep track of these things. Your teacher or counselor can give you more information and assistance if needed.

## Freshman/Sophomore Year

- Identify team members for **Individualized Education Plan (IEP)** case conference.
- Begin asking Person Centered Planning (**PCP**) questions to assist with steps driving your **IEP** to your vision of the future.
- Determine a graduation status (Diploma or Certificate of Completion) and develop a plan to obtain this goal. (Begin asking at eighth grade and thereafter)
- Create a course of study based on the above goal (academic or vocational).
- Attend your IEP case conference where a transition plan will be developed to help you decide what to do after graduation. Begin talking about the transitional services that are available at a federal, state, and local level.
  - Vocational Rehabilitation Services Program
  - The Department of Workforce Development
  - Work One Service Program
  - The Social Security Administration
  - Medicaid
  - The Bureau of Developmental Disabilities Services
  - Adult Service Providers
  - A Community Rehabilitation Program
  - A Mental Health Center
  - An Area Agency on Aging
- Follow-up on the status of your **Medicaid Waiver** Application. If an application has not yet been completed do so immediately.
- Have parents sign a release of information to **Vocational Rehabilitation (VR)**.
- If you plan to go to school after graduation, begin to check into schools and take the PSAT if those schools require an admission test.

## Junior Year

- Review course of study/graduation status to ensure you're still on track and adjust course study/graduation status as needed.
- Begin job training classes or vocational programs if course of study is vocational.
- Begin talking with your family, teachers, job coaches about jobs that interest you.
- If you plan to go to school after graduation, begin to check into schools and take the **SAT** if those schools require an admission test.
- If you plan to go to school after graduation, begin completing applications to the schools of interest and financial aid forms.
- Meet with a counselor from **Vocational Rehabilitation (VR)** and begin the application process.
- Follow-up on the status of your **Medicaid Waiver** Application. If an application has not yet been completed do so immediately.

## Senior Year (18 – 21 students)

- Review course of study/graduation status to ensure you're still on track and adjust course study/graduation status as needed.
- Maintain job training classes or vocational programs.
- Develop a resume and/or portfolio to show your work experiences and work skills.
- Write your employment plan with your **VR** counselor and choose a service provider to begin job development.
- Follow-up on school and financial aid applications. (**FAFSA**)
- Take part in graduation.
- Follow-up on the status of your **Medicaid Waiver** Application. If an application has not yet been completed do so immediately.

## 18<sup>th</sup> Birthday

- Within 30 days of your 18<sup>th</sup> birthday, males must register with the Selective Service.
- Apply with **Social Security Administration** to see if eligible.
- Apply for **Medicaid** to see if eligible.

- If student is currently receiving **Social Security** and **Medicaid**, they must reapply as an adult with both agencies to maintain services.
- Register to vote.
- Parents should get information on legal guardianship and/or power of attorney if needed at this time.